

2月 復習テスト

高校英語 ライティング・英文解釈

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つぎの英文をよく読んで、下線部を和訳しなさい。

Recently, low-carbohydrate(or low-carb) diets have become very popular in the U.S. The theory behind the diet is that overweight people eat too many carbohydrates. Our bodies burn both fat and carbohydrates for energy, but carbs are used first. By radically reducing carbs and eating more protein and fat, our bodies naturally lose weight by burning stored body fat more efficiently.

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When Wilbert Minja talks, people listen. He lives in a village in Tanzania, 1,700 meters up the south slope of Mount Kilimanjaro, and his neighbors call him Mzee — Swahili for “wise old man.” He talks about how worried he is. The weather is all wrong, he says. “Rain falls when it should not, and does not come when it should.” He recalls how new people used to come to live on the mountainside, attracted by its rich soil and abundant fresh water. Now they are abandoning their farms.